

FALL TRIMESTER ACTIVITY SELECTIONS *Fall* ***Trimester runs September 11th- November 22nd***

To register please complete the following:

- If you have not completed the DYCD form (attached to this e-mail), please do so immediately and submit it with this activity selection form
- Review page 2 of this document (Fall activity schedule)

Please complete your registration before Monday, August 31st.

Please note that all DYCD forms are required every year. If you filled them out last year, and did not fill them out for the fall trimester, you will need to resubmit a new packet for the 2017- 2018 school year. No student will be allowed to participate in after school activities (auditions and tryouts included) without completed paperwork. After registering, you will receive an email detailing your child's after school selections.

Best,

Sean Hopkins

FALL TRIMESTER ACTIVITY SELECTIONS

FALL Trimester runs September 11th to November 22nd

= Double session; student has to attend both sessions (3:30-4:45 & 4:45-6:00) for that day.

@ Two day activity; student has to attend all days activity holds session.

MONDAY

First Session (3:30 - 4:45)

Silent Study Lab
Project Pinterest
Debate Team
Cross Country
Girls Volleyball# @
Musical Theatre# @

Second Session (4:45 - 6:00)

Game Space
Fitness Club
B-Prompt
Girls Volleyball# @
Musical Theatre# @

TUESDAY

First Session (3:30 - 4:45)

Silent Study Lab
Movement
Spa Science
Boys Soccer#@
Girls Soccer#@
Flag Football#@
Girls Grappling #
Portfolio Art #
Technical Theatre#@

Second Session (4:45 - 6:00)

Yoga
Food Club
Boys Soccer#@
Girls Soccer#@
Flag Football#@
Girls Grappling #
Portfolio Art #
Technical Theatre#@

WEDNESDAY

First Session (3:30 - 4:45)

Silent Study Lab
Spirit Team
Urban Farmers
Think Elephants!
Musical Theatre # @
Girls Volleyball # @

Second Session (4:45 - 6:00)

Game Space
CS Chronicles
Musical Theatre# @
Girls Volleyball# @

THURSDAY

First Session (3:30 - 4:45)

Silent Study Lab
Business Builders
Cross Country
Boys Soccer#@
Girls Soccer#@
Flag Football#@
CS Voices
CS Music/Band #
Technical Theatre#@

Second Session (4:45 - 6:00)

Chess
Fitness Club
Boys Soccer#@
Girls Soccer#@
Flag Football#@
CS Music/Band #
Technical Theatre#@

FRIDAY

First Session (3:30 - 4:45)

Magic the Gathering
Smoothie and a Movie #
Table Tennis
History on the Hudson #

Second Session (4:45 - 6:00)

Smoothie and a Movie #
Table Tennis (Competitive)
History on the Hudson #

ACTIVITY DESCRIPTIONS

Welcome to Manhattan Youth After School Programs!

This program is funded by the Department of Youth and Community Development as a part of the city's Comprehensive After School System (COMPASS) School's Out NYC (SONYC). Manhattan Youth is very excited to bring another year of comprehensive after school program to The Computer School! This trimester will showcase a wide variety of activities, clubs, and sports.

Boys/Girls Soccer: Come join if you're interested in learning about soccer techniques and tactics! A great way to get physical, soccer will teach you about strategy, fitness and team work. Tryouts are required and only those students who are accepted will join the team.

Chess: Open to all levels, this engaging activity in planning, action/reaction, spatial relations, strategy and sportsmanship is a workout for the mind and a competitive outlet for intellectually curious students. Advanced students of the game will teach the skills need to less experienced students. Then students will be paired with players of similar experience as they learn fundamentals, explore the game's complexities and prepare for serious competition.

CS Voices: Formally known as Glee Club, Ms. Sloves will once again be leading the fun filled singing group at CS where students use pitch, tone, harmony and glee to create unique and show-stopping performances. Students will be performing at the end of the trimester.

Table Tennis: Also known as ping pong- For the first time the Table tennis club Split into two separate sessions. Students who participate in first session table tennis will be given beginner/intermediate instruction as well as free play. Student participating in the second session Advanced Table tennis will learn official league rules and compete in inter-school games. Participants on the competitive team are encouraged to sign up for both sessions. Join us!

Debate Team: Students with varying debate experience will work together to debate against local middle school teams. The team will develop their research and expand their presentation skills in order to participate in debates with their peers, focusing on their preparation on a relevant topic of the day and delivering a coherent argument.

Game Space: New and improved! Game space is offered twice a week. Come learn gaming strategy from boardgames to blackjack. Students enrolled in game space will enjoy a variety of group based activities.

Smoothie and a Movie!: NEW! Exactly how it sounds! Sit back, Relax, SIGHTS! SOUNDS! SMOOOOOOTHIES!

B-Prompt: An adventure through writing, a really hands on approach to creative writing. Students will take trips to locations such as: The natural history museum and central park for an opportunity to dive right into the story.

Fitness Club: Come work out and get fit! We will focus on resistance training and cardio! Sessions will introduce the basics for arms, core, and lower body fitness. After we work out with resistance bands, we'll hit the track by 81st Street in the park to finish off with some cardio. Workouts with bands will take place indoors but runs will be outdoors--so please dress appropriately for cold weather running if needed.

Food Club: Healthy, fun, hands on cooking lessons that explore international cuisine. Students are handed ingredients, given agency over the production of the meal and are allowed to smell, taste, measure, and manipulate each part of the cooking process. Each class ends with the students eating and enjoying the meal they're prepared.

Girls Volleyball: Interested in learning/playing volleyball Join us to work on techniques,tactics and in game strategy! Remember Tryouts are required and only those students who are accepted will join the team.

Technical Theatre: Have you ever wondered how the magic of theatre happens? Join this class and be part of that design crew! In this class we will design and discuss the techniques that go into creating a world that draws audiences in! Let your imagination run wild! We will also be able to go to Materials for the Arts to collect fabrics to assemble some of our creations and make them come to life! Students will work with a professional theatre teaching artist to create the look and sound of our spring musical!

Spa Science- Lotions! Bathbombs! Come all Estheticians-in-training Participants will research the function of various natural and organic compounds, and follow recipes to make their own products.

Softball: If you're interested in learning about softball techniques and tactics come join our team! A great way to get physical, softball will teach you about strategy, fitness and team work. Tryouts are required and only those students who are accepted will join the team.

CS CHRONICLES: STOP THE PRESS! Welcome to The Computer School's Official Reporting Team! Throughout the course of the year Students will participate in the design, creation, and publication of vital school news! Your news your way! Students will learn and develop skills in photography and journalism alike. Participants will work together to create the yearly school yearbook!

History on the Hudson: Explore and experience the rich history New York's most famous island! Join us as we journey across Manhattan to discover the secrets hiding right before our eyes! Students who participate in History on the Hudson will experience the city like never before!

ACTIVITY DESCRIPTIONS (cont.)

Think Elephants! : New after-school opportunity! Think Elephants International (TEI) is a nonprofit organization supporting animal behavior research and conservation education with Asian elephants. Through hands-on interactive activities, students will learn how research in animal behavior can be applied to conservation issues, and how they can get involved. Students will begin to 'think like a scientist' This after-school program will focus on teaching students about the research process and how this can be applied to conservation efforts.

Movement:A high-energy class that infuses the everything from latest styles of street dancing to the dynamic rhythm of African dance. Movement is program to help students prepare for more intense dance, and body coordination. Each class will include upper and lower body conditioning, as well as a rigorous warm-up.

CS Band/Music:A combination of classroom music and band rehearsals. Students are taught theory, how to listen to music, basic ear training, and how to play in an ensemble. A variety of music will be studied, including swing, blues, rock, funk, Latin, classical, and New Orleans style music. Repertoire is arranged and tailored for the students individual levels.

Magic: The Gathering Club: Magic the Gathering is a very fun, strategic card game and it is now a club at Swanson! If you have been playing for a long time, or just want to learn some of the basics, come to the club meetings to check it out!

Musical Theatre: Popular beyond belief! Prepare to be the next best Actor/Actress! Students will be part of a comprehensive theatre program that includes acting classes, acting games, choreography, and scene study. Students will work with professional theatre artists to create a vivid and inspiring musical!

Portfolio Art: Teachers will help students develop comprehensive art portfolios to prepare for the admissions process into highly competitive art schools throughout NYC. These classes will include drawing, painting, sculpture, ceramics, and digital design.

Project Pinterest!: CRAFTERS UNITE! Another one of our new activities! Project pinterest is centered around the design, creation, and execution of various projects discovered on pinterest! This class has it all- From creation to design Participants will work in a upbeat environment using their individual creativity to develop in depth projects. Under the direction of Maggie Reilly this class continues to be a hit!

Business Builders: Designed to provide a outlet by which students can develop entrepreneurial skills, networking , and share ideas. The club is dedicated to furthering understanding about new and small businesses. Students will create and run an active school store.

Yoga: Students will have the opportunity to experience the many benefits of Yoga, which include flexibility, improved circulation of blood, increased stamina, and strength. Students will increase their flexibility and strength and also gain a better understanding of the importance of fitness and having balance in their lives.

Silent Study Lab:Students will have the opportunity to complete their homework with the help of CS teachers and trained teaching assistants. Silent Study Lab sound just like it's name. Silent. Students will be provided a calm quiet area to complete daily tasks. An alternative room will be available for students who have completed their work.

Urban Farmers:Farms aren't only out in the country! Come join us in our green house where you will learn hydroponic techniques and grow something of your choice at Computer School's new hydroponics lab on the third floor and engage in sustainability crafts. Students will also be able to provide food to the Food Club.

Cross Country:Train like the Pros! The beauty of cross country is that it's you against not only the competition and yourself, but also Mother Nature. Over a variety of surfaces from dirt and grass to mud and asphalt to gravel and everything in between all combining to constantly disrupt your rhythm much more so than a race run on an even, flat surface. While learning what your optimum effort should be, and teach your body to maintain it, with training tailored to the demands of cross country racing

Flag Football: This program provides young players a fun and exciting opportunity to engage in non-contact, continuous action while learning lessons in teamwork. Designed to educate young people about football while emphasizing participation and sportsmanship. Players learn skills and lessons that help them succeed both on and off the field

Spirit Team:GO TERPS! Spirit team consists of enthusiastic, dynamic, fun, hardworking students on a mission to represent the school with a spirit of support for teams, fans and the entire computer school community. The squad is a coed group of young men and women whose hard work, dedication and commitment are part of the overall success of the school.

Girls Grappling: NEW! This course will teach students the basics of Grappling. Learning how to defend, balance, Grapple and more. Students will have the opportunity to learn and practice vital skills in effort to improve their strength, endurance and overall knowledge of safety.

Important Dates

- **Start of FALL Trimester- SEPTEMBER 11**
- **SOCCER Tryouts -**
 - **Friday September 8th 3:30-5:00pm**
- **FLAG FOOTBALL Tryouts-**
 - **Friday September 8th 5:00-6:30pm**
- **Volleyball Tryouts-**
 - **Monday September 11th 3:30-6:00pm**
- **MUSICAL THEATRE -**
 - **Monday September 18th 3:30-6:00pm**
- **March 22-23rd - Musical performances**

When does after school fall trimester begin; when does it end?

Fall trimester will begin Monday, September 11th and end on Wednesday, November 22nd.

Is my child guaranteed to get the club he/she signs up for?

For the most part, yes. There are a few exceptions, where the classes are capped at smaller numbers. Additionally, there are no guarantees for any activity that requires a tryout or audition (i.e. theatre, sports).

Is there Homework Help?

Yes, every day we have two periods of Study Lab where CS teachers and Manhattan Youth teaching assistants are available to help our students with their work. There is no one-on-one tutoring available.

How do I keep track of what's going on in after school?

You will receive a monthly newsletter from Sean Hopkins with details of what's happening in after school. You will receive additional emails as needed. There is also a school calendar available at thecomputerschool.org that highlights everything happening at CS and after school.

What if my child has to be picked up early or is not coming to after school that day?

Email your site director the day before any changes to your child's schedule.

How much does it cost?

All programs are **FREE**, thanks to funding is provided by NYC DYCD (Department Youth Community Development) SONYC Program and Manhattan Youth.

What if my child does not like his/her club?

Students may change clubs, but we ask to do it after every trimester. Study lab is always available if students need to finish a project and cannot attend their club.

Who teaches and coaches the clubs and teams?

Manhattan Youth employs experienced teachers, professional Teaching Artists and Coaches to lead activities. We also recruit college students and young professionals to serve as teaching assistants and apprentices. At CS, many activities are lead by CS teachers.

Can I just sign up for a second session class?

In order to participate in a second period club, students must be signed up for a first period class as well. Study Lab is a great option for this.